



1st Sunday of Month Swim Race Commentary and results

August 2011

Swim date	07-Aug-2011	Route	Miler
Water Temp	12.0°C	Air Temp	12°C
Water visibility	4.0m	Wind	n/a
Number of Wetsuits	14	Finish Time	0:23:22 (Avg 0:28:21)
Hares	11		0:23:23 (Avg 0:28:56)
Hounds	3		0:23:22 (Avg 0:26:11)
Number of Channel Rules	17	Finish Time	0:21:18 (Avg 0:27:17)
Hares	12		0:24:08 (Avg 0:29:14)
Hounds	5		0:21:18 (Avg 0:22:36)

What a way to finish with Wintertime 1SOMS – a break in Winter weather (i.e. a bit of sun) ; a **refreshing 12°C** and flat racing conditions. I do maintain that if you are not in a wetsuit (or even if you are) and you are feeling cold – swim faster ;-) !!

Reminder: After the debate in February of wetsuit vs non-wetsuit (and confirmation from FINA that rule OWS5.5 does determine recognition of a swim) I realized that a tad more result analysis was being asked for. Accordingly, there is now a race within a race (and for you and me still overall results information) by which I mean that "**Wetsuits**" and "**Channel Rules**" can now distinguish their relative intra-group position. Below the overall position table is the Top 10 times for Wetsuits and Channel Rules. On the [google doc spreadsheet](#) that links to the website I have also indicated whether the achieved race time was in the top half of the field – you would do well to consider racing with the Hounds if you are in the Top half.

First back to the beach was the newbie wetsuited Hare–Scott Tait (#0975) followed in by wetsuited Hare Lodi Cronje (#0816)..

Race honours

- Wetsuits~ goes to Craig Getz who has made a welcome return after leg surgery. Newcomer Scott Tait is expected to start with the Hounds next month and with this I expect even better racing

	Pos**	Group	Participant	Pos*	Recorded Race Time	Fastest in Group	Recorded Elapsed Time	Finish Tag
Wetsuits	1	Hound	Getz;Craig;#0059	5	0:23:22	0:23:22	0:28:22	15
	2	Hare	Tait;Scott;#0975	6	0:23:23	0:23:23	0:23:23	1
	3	Hound	Voight;Katrin;#0921 [F]	8	0:23:48	0:23:48	0:28:48	17
<ul style="list-style-type: none"> Channel Rules ~ goes to Callum Bell who after last month's start with the Hares realized it is faster to race with his peer group. 								
Channel Rules	1	Hound	Bell;Callum;#0819	1	0:21:18	0:21:18	0:26:18	8
	2	Hound	Paramoer;Tarkquin;#0340	2	0:22:19	0:22:19	0:27:19	10
	4	Hound	Ballot;Nadine;#109 [F]	4	0:23:16	0:23:16	0:28:16	14

Interesting tidbits Roger Finch is en route to the Channel – expected start date is 18 August. Liz Webb will also be spending some time over there and will do the buddy swimming with Roger... www.rogers2011channel.co.za . 1SOMS recently featured on [Open Water Source](#) so keep an eye on this global resource.

UPCOMING Watch this space – 1SOMS is going into Summer ...!

A huge **thank you** to the following:

Registration desk: Nicole Burger (Previously raced), Alex Burger (Newbees)

Starter: Kevin Fialkov

Lifesaving team leader: Craig Getz

Finish Team: Karen Schoombie (Timing), Alex Burger (Positions), Nicole Burger (Finish tags)

Photographs: Deon Fialkov

Next 1st Sunday of the Month Swim 4 September 2011 (Registration **08h15~08h50**, Briefing **09h00** and Start **09h15**) bring down a friend to share the experience (and maybe even hold a towel) ! NOTE THAT IT IS AN HOUR **EARLIER** THAN WINTER...



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Results Summary										31	14	17
Race No	Participant	W/suit	Fins	Gender	Group	Fin Tag	Elapsed Time	Race Time	Pos	Wetsuits	Channel Rules	
975	Tait;Scott;#0975	Yes		M	Hare	1	00:23:23	00:23:23	6	2		
816	Cronje;Lodi;#0816	Yes		M	Hare	2	00:23:51	00:23:51	9	4		
402	Hayes;Monika;#0402			F	Hare	3	00:24:08	00:24:08	10		6	
977	Nurse;Kathryn;#0977	Yes		F	Hare	4	00:24:13	00:24:13	11	5		
423	Dempster;Phillip;#0423			M	Hare	5	00:25:14	00:25:14	12		7	
518	Crosoer;Martin;#0518	Yes		M	Hare	6	00:25:46	00:25:46	13	6		
276	Enderli;Toni;#0276			M	Hare	7	00:26:10	00:26:10	14		8	
819	Bell;Callum;#0819			M	Hound	8	00:26:18	00:21:18	1		1	
226	Loker;Chris;#0226			M	Hare	9	00:26:54	00:26:54	15		9	
340	Paramoer;Tarkquin;#0340			M	Hound	10	00:27:19	00:22:19	2		2	
961	Willmore;Richard;#0961			M	Hound	11	00:27:21	00:22:21	3		3	
768	Allan;Angela;#0768			F	Hare	12	00:27:48	00:27:48	16		10	
4	Gow;Melanie;#0004	Yes		F	Hare	13	00:28:08	00:28:08	17	7		
109	Ballot;Nadine;#109			F	Hound	14	00:28:16	00:23:16	4		4	
59	Getz;Craig;#0059	Yes		M	Hound	15	00:28:22	00:23:22	5	1		
274	Smit;Jakob Van Rouendal;#0274			M	Hound	16	00:28:46	00:23:46	7		5	
921	Voight;Katrin;#0921	Yes		F	Hound	17	00:28:48	00:23:48	8	3		
127	Hakimi;Lynne;#0127	Yes	Yes	F	Hare	18	00:29:15	00:29:15	18	8		
319	Muller;Zani;#0319			F	Hare	19	00:29:17	00:29:17	19		11	
310	Reid;Charles;#310			M	Hare	20	00:29:18	00:29:18	20		12	
61	Griffin;Terry;#0061			M	Hare	21	00:29:21	00:29:21	21		13	
171	Sher;Sandi;#0171			F	Hare	22	00:29:26	00:29:26	22		14	
905	Taylor;Allan;#0905	Yes		M	Hare	23	00:30:26	00:30:26	23	9		
974	Mattison;Sandy;#0974	Yes		F	Hare	24	00:30:33	00:30:33	24	10		
775	de Kock;Lindsay;#0775			F	Hare	25	00:31:33	00:31:33	26		15	
691	Holtzhausen;Meg;#0691	Yes		F	Hare	26	00:33:35	00:33:35	27	12		
976	Schwab;Tiana;#0976	Yes		F	Hare	27	00:33:52	00:33:52	28	13		
902	Taylor;Bettina;#0902	Yes		F	Hare	28	00:35:14	00:35:14	29	14		
970	Afrika;Alphinda;#0970			M	Hare	29	00:35:38	00:35:38	30		16	
651	Jordaan;Johann;#0651			M	Hare	30	00:36:05	00:36:05	31		17	
17	Fisher;James;#0017	Yes		M	Hound	31	00:36:23	00:31:23	25	11		

Where information was difficult to obtain from the position book – I resorted to evaluating the race finish photo's. This takes a bit of time but it does assist in resolving clashes...Now if only I could get everyone to *smile* when they finish ...

^ Did not complete swim

Row Labels	Average of Race Time	Fastest in Group	Count	Average of Elapsed Time	Row Labels	Average of Race Time	Fastest in Group	Count	Average of Elapsed Time
Hare	0:29:06	0:23:23	23	0:29:06	Wetsuits	0:28:21	0:23:22	14	0:29:25
Hound	0:23:57	0:21:18	8	0:28:57	Hare	0:28:56	0:23:23	11	0:28:56
Grand Total	0:27:46	0:21:18	31	0:29:03	Hound	0:26:11	0:23:22	3	0:31:11
					Channel Rules	0:27:17	0:21:18	17	0:28:45
					Hare	0:29:14	0:24:08	12	0:29:14
					Hound	0:22:36	0:21:18	5	0:27:36
					Grand Total	0:27:46	0:21:18	31	0:29:03



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Wetsuit?	Pos**	Group	Participant	Values				
				Pos*	Recorded Race Time	Fastest in Group	Recorded Elapsed Time	Finish Tag
Wetsuits	1	Hound	Getz;Craig;#0059	5	0:23:22	0:23:22	0:28:22	15
	2	Hare	Tait;Scott;#0975	6	0:23:23	0:23:23	0:23:23	1
	3	Hound	Voight;Katrin;#0921	8	0:23:48	0:23:48	0:28:48	17
	4	Hare	Cronje;Lodi;#0816	9	0:23:51	0:23:51	0:23:51	2
	5	Hare	Nurse;Kathryn;#0977	11	0:24:13	0:24:13	0:24:13	4
	6	Hare	Crosoer;Martin;#0518	13	0:25:46	0:25:46	0:25:46	6
	8	Hare	Hakimi;Lynne;#0127	18	0:29:15	0:29:15	0:29:15	18
	9	Hare	Taylor;Allan;#0905	23	0:30:26	0:30:26	0:30:26	23
	10	Hare	Mattison;Sandy;#0974	24	0:30:33	0:30:33	0:30:33	24

Wetsuit?	Pos***	Group	Participant	Values				
				Pos*	Recorded of Race Time	Fastest in Group	Recorded Elapsed Time	Finish Tag
Channel Rules	1	Hound	Bell;Callum;#0819	1	0:21:18	0:21:18	0:26:18	8
	2	Hound	Paramoer;Tarkquin;#0340	2	0:22:19	0:22:19	0:27:19	10
	3	Hound	Willmore;Richard;#0961	3	0:22:21	0:22:21	0:27:21	11
	4	Hound	Ballot;Nadine;#109 Smit;Jakob Van	4	0:23:16	0:23:16	0:28:16	14
	5	Hound	Rouendal;#0274	7	0:23:46	0:23:46	0:28:46	16
	6	Hare	Hayes;Monika;#0402	10	0:24:08	0:24:08	0:24:08	3
	7	Hare	Dempster;Phillip;#0423	12	0:25:14	0:25:14	0:25:14	5
	8	Hare	Enderli;Toni;#0276	14	0:26:10	0:26:10	0:26:10	7
	9	Hare	Loker;Chris;#0226	15	0:26:54	0:26:54	0:26:54	9
	10	Hare	Allan;Angela;#0768	16	0:27:48	0:27:48	0:27:48	12

* Position overall ** Position out of Wetsuits *** Position out of Channel Rules